



Online store [WWW.LYNXGEAR.LV](http://WWW.LYNXGEAR.LV)  
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AS SEB Bank, SWIFT: UNLALV2X

## ORDER CONFIRMATION

Not Rated Yet



Sales price 55,95 €

Sales price with discount

Incl. VAT 21%: 9,71 €



### Description

#### Travellunch Vegetarian Meal Pack | 6 × 125 g Freeze-Dried Dishes

Travel light without sacrificing flavour or nutrition. This combo pack contains **six different vegetarian Travellunch meals**, each produced from carefully controlled, freeze-dried ingredients. The pouches weigh just 125 g but re-hydrate to a hearty portion for one adult (or two children) and keep **up to 2 years** without refrigeration—ideal for trekking, expeditions, disaster preparedness, or a quick hot meal at the office.

#### Why freeze-dried?

- **Lighter backpack** - only water is removed, nutrients and taste remain.
- **Long shelf life** - vacuum-packed under nitrogen to stop spoilage.
- **Fast preparation** - add boiling water, stir, close the zip and wait 5-10 min.

#### Meal line-up (1 pouch each)

Dish	Add water	kcal /100 g*	Allergens†	Special notes
Pasta with Olives	≈ 300 ml	435	gluten, milk	rich tomato-olive sauce
Vegetable Risotto	≈ 275 ml	404	milk	gluten-free rice dish
Pasta Napoli	≈ 400 ml	368	gluten, celery	classic tomato sauce



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Pasta with	~ 350 ml	438	gluten, milk	extra protein
Cheese Sauce				from real cheese
Couscous (LF)	~ 300 ml	360	gluten	lactose-free
				whole-grain
				couscous
Pasta in Herbal	~ 400 ml	435	gluten, egg,	creamy dill &
Cream			milk	chive flavour

\*Average energy value of dry product. †May contain traces of soy or other cereals; always check pouch label.

### Simple preparation

1. Open pouch at tear notch and remove oxygen absorber.
2. Pour in the indicated amount of **boiling water**.
3. Stir, close the zip, wait **5-10 minutes**.
4. Enjoy directly from the pouch – no dishes to wash!

### Pack contents

- 6 freeze-dried vegetarian meals (see table above)
- Total dry weight: **6 × 125 g = 750 g**
- Total re-hydrated weight: ~ 3.6 kg of ready-to-eat food

### Storage & safety

Keep pouches cool and dry. Once hydrated, consume immediately. Manufactured in Germany by **Simpert Reiter GmbH**, Weddigenstraße 86179, 86179 Augsburg.

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All data taken from the official Travellunch specification sheet. Nutritional figures are subject to standard production tolerances.

